



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2026

Overcoming Challenges for Sustainable Primary Care: *Innovation, Collaboration and Leadership*

26 – 28 June 2026 (Friday – Sunday)

Friday, 26 June 2026 · 19:00 – 20:30

Workshop 2

A Virtual Reality of Choice: A Practical Workshop on Advance Medical Directives (AMDs) and Clinical Scenarios



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Dr Nick Tsui is a Specialist in Anaesthesiology in private practice, an examiner of the Hong Kong College of Anaesthesiologists, and CEO & Co-founder of Alongside. He holds an LLM in Medical Laws and Ethics from the University of Edinburgh. Dr Tsui has been at the forefront of Advance Medical Directive (AMD) education and service development in Hong Kong, having supported the completion of over 165 AMDs for the general public. He pioneered the Advance Medical Directive Simulation Workshop and the VR-based "Final Choices" initiative, supported by the HKEX Foundation and SIE Fund respectively, to advance public and professional understanding of end-of-life decision-making.

This workshop offers family physicians an immersive and practice-oriented introduction to Advance Medical Directives (AMD) in the context of the upcoming Advance Decisions on Life-Sustaining Treatment Ordinance. It begins with a VR experience filmed in a cinematic style, allowing participants to step into the first-person perspective of an individual facing serious illness and end-of-life decisions. Through an interactive narrative, participants will be invited to make choices at key moments, experiencing not only the clinical implications of such decisions, but also the emotional weight, uncertainty, vulnerability, and values that often shape them.

By placing medical professionals in the point of view of a member of the general public, the workshop aims to deepen understanding of why individuals may make different end-of-life choices, and how those choices are often influenced by fear, dignity, family dynamics, autonomy, and personal beliefs rather than medical facts alone. This perspective-taking exercise is intended to enrich communication, empathy, and shared decision-making in clinical practice.

The immersive component will be followed by a lecture and discussion on the Advance Decisions on Life-Sustaining Treatment Ordinance, with particular focus on its implications for clinical practice and AMD implementation in Hong Kong. Drawing on Alongside's frontline experience in supporting AMD services for the general public, the session will also share practical insights into common concerns, misconceptions, and barriers encountered in real-life cases. Importantly, the discussion will highlight that AMD is not only relevant to persons with terminal illness, but a broader advance care planning tool under the new legal framework.